

# **St. Laurence High School**

## **Medical Forms & Requirements**

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## Physical Examination

1. All freshmen and transfer students are required to submit a completed physical on the [State of Illinois Certificate of Child Health Examination](#) form. In addition, proof of all required immunizations must be documented on this form. **This physical must have all sections completed and on file with the school nurse in order for your child to participate in any athletics, including practices. The health care provider must indicate at the bottom of the form that your child can participate in interscholastic sports. Here is a copy of the [form](#).**
2. Physicals for freshman students must be completed within the year prior to school entry and signed by a physician, nurse practitioner, or physician assistant. Transfer students may submit their freshman physical from their prior school. Please note that the IHSA sports physical form **DOES NOT** fulfill the requirement for the Freshman physical. It **MUST** be the [State of Illinois Certificate of Child Health Examination](#) form that is turned in with all sections completed.
3. A current IHSA physical is required for all athletes **sophomore to senior year**. The freshman physical fulfills the IHSA physical requirement as long as the health care provider indicates the student can participate in interscholastic sports.
4. **The Health History Section must be completed and signed by the parent or legal guardian. Forms without a completed health history will be returned to the parent.**
5. Diabetes Risk Questionnaire section is required.
6. Students are excluded from school by October 15th if requirements for health examination and immunization have not been met.

## Immunizations

1. Polio: Four or more doses (IPV or OPV) at the appropriate intervals with the last dose being a booster received on or after the fourth birthday.
2. Diphtheria, Tetanus, Pertussis (DTaP): Three or more doses of DTP/DTap or TD with the last dose qualifying as a booster if received on or after the fourth birthday.
3. Tetanus, Diphtheria, Acellular Pertussis (Tdap): One dose received on or after the 11th birthday.
4. Measles, Mumps, Rubella (MMR): Two doses of vaccine with the first dose given on or after the first birthday and the second dose received no less than four weeks later.

5. Varicella (chickenpox): Two doses of vaccine with the first dose given on or after the first birthday and the second dose received no less than four weeks later.
6. Hepatitis B Series: Three doses administered at the appropriate intervals.
7. Meningococcal (Meningitis): Has received one dose on or after the 11th birthday and the second dose shall be given on or after the 16th birthday.
8. Students are excluded from school by October 15th if requirements for health examination and immunization have not been met.

If you have a religious exemption to any vaccines, please provide this [form](#).

### **Dental Examination**

All freshman students are required to submit a dental examination **dated** on or after November 1 of their 8th grade year. A link to the form can be found [here](#).

### **Vision Examination**

Illinois State Law requires that any student **enrolling for the first time in an Illinois school** needs to have an eye examination submitted by October 15th. A link to the form can be found [here](#).

### **Medication Administration**

If your child has a medical condition that requires medication to be administered during school hours (this includes Inhalers, EpiPens, and Insulin) please have your health care provider complete the **Prescription and Over-The-Counter Medication Authorization Form (a new form is required each year – the form is linked below under item 1)**. Please be aware that the school nurse **WILL NOT** administer any medication (including any over the counter medications) unless this form is completed and signed by your health care provider. This is for the safety of your child.

The school allows the self-administration and/or self-carry of asthma/diabetes/seizure medication and epinephrine injectors upon the receipt of the necessary documents.

In an emergency situation, the school and school personnel incur no liability for injuries occurring when administering an undesignated asthma medication, and epinephrine auto-injector, or an opioid antagonist.

**Any student with Asthma or Food Allergies will be required to submit the following documents completed and signed by a health care provider and parent/guardian:**

1. Prescription and Over-The-Counter Medication Authorization Form: Physician and parent must indicate on the form that student may self-carry and self-administer inhaler and/or Epinephrine auto-injector. The form can be found [here](#).
2. Asthma and Allergy Policy Statement signed by parent/guardian can be found [here](#).
3. Asthma Action Plan completed and signed by a health care provider. [Here](#) is an example of a plan.
4. Food Allergy Action Plan completed by health care provider and signed by health care provider and parent/guardian. [Here](#) is an example of a plan.

Students with Diabetes must have a Diabetes Medical Management Plan on file. [Here](#) is an example.

Students with Seizures must have a Seizure Action Plan on file. [Here](#) is an example.

**Documentation of non-required vaccines can be provided on a voluntary basis.**

### **St. Laurence High School Illness Guidelines**

If your student is not feeling well and cannot attend school, please follow the guidelines below:

- The parent/guardian should contact the attendance office (email [attendance@stlaurence.com](mailto:attendance@stlaurence.com) or call 708-458-6900 ext. 220).
- If a student has vomiting or diarrhea, they should be free of these symptoms for 24 hours before returning to school.
- If a student has a fever, they should stay home until they are fever-free for 24 hours without the use of fever-reducing medication.

### **Other Preventative Measures for Illness**

Handwashing & Respiratory Etiquette:

- All students will have considerable access to hand soap and hand sanitizer throughout the building. We encourage students to take advantage of this throughout the day.
- Please remind students of proper respiratory etiquette (coughing and sneezing) while following hand-hygiene protocols immediately thereafter.

### Air Filtration and Cleaning

- St. Laurence continues to use medical-grade air filters throughout the building. Additionally, we continue to frequently clean touched surfaces and disinfect the school on a daily basis.

## **St Laurence High School Diabetes Policy**

St. Laurence High School is committed to providing a safe environment for all students. Students with diabetes will be given equal opportunity to participate in academic, nonacademic, and extracurricular activities.

Diabetes is a chronic disease in which blood glucose levels are above normal. The goal of effective diabetes management is to assist with and enable the student to carry out their prescribed Diabetic Medical Management Plan (DMMP) to maintain the student's blood glucose levels within their physician-determined target range. Ineffective management of diabetes in school may lead to absenteeism, depression, stress, poor academic performance, and poor quality of life.

### Parent and Student Responsibilities

- At the beginning of each school year, or as soon as practical after a new diagnosis, parents must provide the school with an updated, physician written, Diabetic Medical Management Plan along with physician-completed Medication authorization form.
- Parents will provide/update the school with any changes made to the student's DMMP
- Parents will provide the school with the student's required diabetic supplies as needed (glucometer, extra needles for insulin pen, sharps container)
- Parents will provide the school with supplies to treat hypoglycemia/hyperglycemia (glucose tablets, glucagon, juice, peanut butter crackers, water)
- Parents must provide the school with accurate and current emergency contact information, update the school with changes, and be available by phone as indicated.
- Students must comply with their DMMP while at school and school-sponsored activities.
- Students will always carry a quick-acting source of glucose, as recommended by their health care provider.

- Students will know where to locate the school nurse and other trained diabetes personnel.
- Students who are authorized by their DMMP to self-manage their diabetes care must be permitted to do the following:
  1. Check blood glucose when and wherever needed
  2. Administer Insulin
  3. Treat high or low blood sugar levels and otherwise attend to the care and management of their diabetes by carrying on their person at all times the supplies and equipment necessary to do so.

### School Staff Responsibilities

- When St Laurence High School has a diabetic student(s) enrolled on campus, to ensure the diabetic student's safety, all school personnel will receive training on the basics of diabetes, how diabetes is managed, the signs and symptoms of hypoglycemia and hyperglycemia, and whom to contact for help.
- **Training for School Staff (American Diabetes Association)**
- Level 1: Training for all school staff members shall include a basic overview of diabetes, typical needs for a student with diabetes, recognition of hypoglycemia and hyperglycemia, and the contact information for help.
- Level 2: Training for school staff members who have responsibility for students with diabetes, which includes all content from Level 1 plus recognition and treatment of hypoglycemia and hyperglycemia and required accommodations for these students.
- Level 3: Training for a small group of school staff members who will perform student-specific routine and emergency care tasks such as blood glucose monitoring (if the student is unable to check their own blood sugar) and glucagon administration when a school nurse is not available to perform these tasks. This training level will include training from Levels 1 and 2.
- Identify a Delegated Care Aide, authorized by the parent/guardian and the Principal to assist the student when the school nurse is unavailable. The Delegated Care Aide will receive Level 3 training.
- Comply with the student's Diabetes Medical Management Plan (DMMP) and provide reasonable accommodations as needed.
- Provide the opportunity for the student to have a 504 Plan.
- School nurse will communicate with the student and parents (if appropriate) at the beginning of each new school year, ensuring that the school has all required medical information, supplies, and up-to-date emergency contacts.

- School nurse will communicate with the student's teaching staff at the beginning of each school year to ensure that staff members have a good base of knowledge after receiving the required training.
- School nurse or delegated care aide will perform or assist the student with routine and emergency care tasks.
- School nurse will maintain accurate documentation of all diabetes care provided at school by the nurse and/or delegated care aide.
- Student is allowed to self-carry and self-administer diabetes medications upon receipt of a physician signed medication authorization form and a physician and parent signed DMMP.
- School staff will ensure a supportive and inclusive learning environment, respect and enable student's confidentiality and right to privacy.

Resources:

<https://www.diabetes.org>

<https://www.niddk.nih.gov>

### **St. Laurence High School Food Allergy Policy**

St Laurence High School is committed to providing a safe environment for all students. The focus of this policy will be on the communication and education concerning food allergies, the understanding of St Laurence's practices to prevent allergic reactions to food, and the emergency response to all episodes of anaphylaxis and responsibilities of the parent/guardian of students with food allergies.

The goals for allergy management include:

- Define a process to identify, manage, and ensure continuity of care for students with food allergies.
- Ensure that interventions and individual health care plans for students with food allergies are based on medically accurate and current information.
- Encourage students with life-threatening food allergies to exhibit independence in keeping themselves safe while at school and school-sponsored activities.

#### **Communication**

Timely ongoing communication among St Laurence administration, nurse, teachers, staff, and parents is essential in providing a safe environment for students with food allergies.

- Parents are responsible for informing the school/nurse of any allergies their child may have prior to the beginning of the school year or as soon as possible after diagnosis and for informing the school nurse of any changes in the child's allergies.
- Food allergy and anaphylaxis emergency care plan and emergency medications must be provided before the start of school. Information on file must be updated on an annual basis or more frequently, as needed.
- The School Nurse will discuss with student's teachers the specific details in the individual child's food allergy action plan.
- The School Nurse will provide a list to teachers and substitute teachers of specific students with food allergies.
- At a parent's request, St Laurence will make reasonable efforts to coordinate a meeting with specific student service members and administrative team with parents and/or students to discuss the student's allergies and action plan.
- Food service representative will contact parents as requested to discuss any questions and/or concerns parents may have regarding daily menu, food ingredients, and any other topics as requested per parent.

### **Education Guidelines**

St Laurence School Nurse will provide annual education to teachers and staff on food allergies to include:

- How to recognize signs and symptoms of allergic reaction and anaphylaxis
- Emergency procedures to follow
- Proper use of emergency Epinephrine auto injectors

### **Responsibilities/Practices**

Parent/Student Responsibilities:

Parents are asked to assist St. Laurence in the prevention, care and management of their child's food allergies and reactions. To achieve these goals, parents are asked to follow these guidelines:

- Inform the school nurse of your child's allergies prior to the start of school or as soon as possible after diagnosis.
- Parents will provide a Food Allergy and Anaphylaxis Emergency Care Plan completed and signed by a Health Care Provider prior to the start of school or as soon as possible after diagnosis.
- Parents will provide a Medication Authorization Form for necessary emergency medications completed and signed by a Health Care Provider and parent/guardian as well.
- Parents will provide a St Laurence Allergy Policy form completed and signed by the parent/guardian.

- Parents are responsible for replacing expired emergency medication.
- Parents will inform the school nurse of changes in the child's allergy status.
- Parents will inform the school of any changes in emergency contact information.
- Students will be aware of their specific food allergy and will understand which foods they cannot consume at school.
- Students will report any unusual symptoms in the event of accidental ingestion of food allergen so their specific food allergy action plan can be followed.
- Students will be responsible for cleaning their individual lunch space at their lunch table.
- Upon written authorization of a physician, the student is allowed to self-carry and self-administer his/her Epinephrine auto injector.

#### Teacher/Staff Responsibilities.

- Teachers will be aware of students in their classrooms who have food allergies.
- Teachers and staff will be aware of signs and symptoms of an anaphylactic reaction and will initiate a food allergy crisis plan and student's individual allergy action plan.

#### School/Administration Responsibilities.

- Extra Epipens and emergency medication for specific students will accompany these students on all off-campus field trips.
- In the event of an anaphylactic reaction, a St. Laurence administrator/teacher will accompany the student in the ambulance to the designated hospital until the parent arrives.

#### Nurse Responsibilities.

- The St Laurence School Nurse will provide annual education to teachers and staff on food allergy recognition and management.
- The School Nurse will meet with teachers as indicated to discuss the student's individual allergy action plan and provide updates as needed.
- The School Nurse will maintain food allergy and anaphylaxis emergency care plans and other specific documentation.
- The School Nurse will contact the child's parent/guardian in the event the child experiences an allergic reaction.
- In the event of an allergic reaction, the School Nurse will initiate and follow the student's individual food allergy and anaphylaxis emergency care plan.
- The School Nurse will notify the parent/guardian when the student's emergency medication is expiring.

- The school nurse will maintain a supply of undesignated Epinephrine which will be kept in each AED cabinet (outside LRC and outside Gym). *Please see the St. Laurence Undesignated Epinephrine Policy for additional information.*
- In the event of a food related allergic reaction, the School Nurse will coordinate a meeting to follow up with parent and student to discuss any necessary changes to the student's food allergy action plan.

### **Management of Seizures and Epilepsy at St. Laurence High School**

St Laurence High School recognizes the medical, psychosocial, and academic impact that epilepsy may have on a student. Epilepsy can affect people in very different ways. This is because there are many causes and many different types of seizures. Some people may have multiple types of seizures or other medical conditions in addition to epilepsy. These factors play a major role in determining both the severity of the person's condition and the impact it has on his or her life. St Laurence High School is committed to ensuring that students with epilepsy feel safe, are provided with necessary accommodations to reach their full academic potential and are provided with social emotional support.

#### **The goals for management of seizures and epilepsy are:**

1. Identify students with a diagnosis of a seizure disorder or epilepsy.
2. Ensure that all faculty and staff have received seizure/epilepsy training which includes but is not limited to how to recognize various types of seizures, how to respond efficiently and effectively to a student having a seizure, and to know when and how to activate an emergency response plan.
3. Ensure that all students with a seizure disorder/epilepsy have a current Seizure Action Plan on file.

#### **Communication**

1. Parents are responsible for communicating to the school the presence of a seizure disorder/epilepsy and providing a current (updated annually) Seizure Action Plan by the first day of school or as soon as possible after a diagnosis is made.
2. Nurse will communicate with appropriate faculty and staff providing necessary information regarding the student's seizure condition as well as reviewing the Seizure Action Plan.

## **Education**

1. All faculty and staff will receive epilepsy/seizure training on an annual basis.
2. The school nurse will receive epilepsy/seizure training specifically for school nurses and developed by the Epilepsy Foundation and endorsed by the Centers for Disease Control.

## **Parents/Guardians**

1. Parents are asked to assist St. Laurence High School in the prevention, care and management of their child's seizure disorder. Parents are asked to inform the school nurse of their child's seizure disorder prior to the start of school or as soon as possible after diagnosis. This should include any known triggers.
2. Parents are asked to provide a Seizure Action Plan completed and signed by a health care provider prior to the start of school or as soon as possible after diagnosis.
3. Parents must provide emergency medication, if applicable, prior to the start of school or as soon as possible after diagnosis. Medications must be provided in their original prescription packaging.
4. Parents must provide required documentation for necessary emergency medications completed and signed by a health care provider.
5. Parents are responsible for replacing expired medication.
6. Parents are asked to inform the school nurse of changes in the child's seizure status.
7. Parents are asked to inform the school of any changes in emergency contact information.
8. Students with a seizure disorder will be advised to communicate clearly to school personnel as soon as possible if she/he feels symptoms that may precipitate seizure activity.

## **Teacher/Staff**

1. Faculty/staff will be aware of students in their classrooms who have a seizure disorder.
2. Faculty/staff will be aware of the signs and symptoms of the student's seizures and recommended response/treatment of the seizures.
3. Faculty will ensure that any substitute teacher is aware of any students in the classroom with a seizure disorder so proper action may be taken in the event of an emergency.

## **Nurse**

1. School nurse will ensure that school faculty and staff receive annual epilepsy/seizure training.

2. School nurse will inform appropriate faculty/staff of students with a diagnosis of epilepsy/seizure disorder.
3. School nurse will maintain all required documentation on file, including seizure action plan and ensure that forms are updated annually.
4. School nurse will notify parent/guardian immediately in the event of any seizure activity.
5. School nurse will receive annual epilepsy training through CDC/Epilepsy Foundations training for school nurses.

### **Procedure for Managing a seizure**

It is important to follow each individual student's specific seizure action plan in the event of a seizure. The following information is provided as a guide to assist a person if a student suffers a seizure during school hours.

#### **In the event a student has a seizure:**

1. Remain calm. No one can stop a seizure once it starts.
2. Contact the school nurse and let her know where you are located.
3. Have a student in your classroom go to the classroom next door and request help from that teacher.
4. Contact administration so they can contact the student's parent/guardian.
5. Have the assisting teacher remove the other students from the classroom.
6. Time the seizure noting the exact time the seizure activity began.
7. Make note of the student's activity during the seizure, the area of the body where the seizure began, any movement of the seizure from one area of the body to another, type of movements of the head, face, and/or arms.
8. If the student is standing or sitting, assist the student and gently lower him/her to the ground to avoid a fall and place the student on his/her side.
9. Do not attempt to restrain the student or use force.
10. If the student is already on the ground, place him/her on their side
11. Clear the area of anything that could hurt the student.
12. Do not place anything in the student's mouth.
13. Loosen tight clothing, especially around the student's neck.
14. Provide emotional support and stay with the student until the seizure is over or until the Emergency medical response team arrives to take over.
15. Call Emergency Medical Services (911) if:
  - Student stops breathing
  - Seizure lasts longer than 5 minutes
  - This is the student's first seizure
  - Student has repeated seizures without regaining consciousness

- Student cannot be awakened and is unresponsive to pain after seizure ends
- There is evidence of student injury
- Student has diabetes or is pregnant

School nurse will administer any emergency medication if it is listed on the student's seizure action plan.

**\* It is important to remember that each individual student has their own seizure action plan which should be followed as documented by their health care provider.**

Resources:

Epilepsy Foundation of America. Seizure Training for School Personnel.

<https://learn.epilepsy.com/courses/SFA-Cert-ILT-v2>

<https://www.cdc.gov/healthyschools/npao/epilepsy.htm>

### **St Laurence Medical Cannabis Infused Product Administration Policy**

St Laurence High School is committed to ensuring the well being of students during school hours and school sponsored activities. St Laurence will accommodate students who meet all qualifications as outlined in Illinois Law 105 ILCS 5/22-33 Medical Cannabis, as it pertains to the administration of Medical Cannabis during school hours and during before and after school-sponsored activities.

The goals for medical cannabis infused product administration include:

- Assist in maintaining the physical, cognitive, and emotional well-being of children diagnosed with a condition for which an authorized practitioner has prescribed a medical cannabis infused product.
- Ensure that St Laurence High school meets State standards/requirements related to the administration of medical cannabis, by a trained school nurse or school administrator, or through self-administration (under the direct supervision of a school nurse or administrator).

Definitions:

- Designated Caregiver- A parent, guardian, or other individual who is registered with the Illinois Department of Public Health as a caregiver for the student who is a registered qualifying patient, is at least 21 years of age, a resident of Illinois, and assists only one registered qualifying patient with medical cannabis administration.

- Acceptable Medical Cannabis Infused Products - Oils, Ointments, Foods, Patches
- Adequate Supply of cannabis- 2.5 ounces for a 14-day period

#### Students Qualifying for a Registry Identification Card

- Under the age of 18
- Resident of the State of Illinois
- Have a qualifying debilitating medical condition  
<http://www.dph.illinois.gov/topics-services/prevention-wellness/medicalcannabis/debilitating-conditions>
- Have two signed health care profession certifications (a recommending and a reviewing professional)
- Complete submitted application

#### St Laurence High School will:

- Ensure that school nurses and administrators receive and maintain a record for having received annual training on Medical Cannabis Infused Product Administration.
- Allow for a school nurse and/or administrator to administer medical cannabis infused products at school (during school hours, before and after school programming, school sponsored activities and school sponsored bus transportation) provided that all State requirements related to Law 105 ILCS 5/22-33 are met.
- Allow for self-administration of medical cannabis infused products under the direct supervision of the school nurse or administrator if all State requirements related to Law 105 ILCS 5/22-33 are met.
- Allow for a designated caregiver to administer medical cannabis infused products on school grounds provided that the product is removed after its administration, provides no exposure to other students, does not disrupt the educational environment.
- Ensure that the administration of medical cannabis infused products does not disrupt the school's educational environment and does not cause exposure of the products to other students.
- Ensure the medical cannabis infused products that are administered at school are:
  - Purchased by a qualifying patient/caregiver and from a licensed dispensing organization;
  - Is in a verifiable container from the licensed dispensary;
  - Is properly labeled with patient information;

- And is Packaged according to the Compassionate Use of Medical Cannabis Program Act, 410 ILCS 130/80.
- Product may only be administered in one of the following routes:
  - Oral
  - Sublingual
  - Cutaneous
  - Transdermal
- Obtain and verify copies of the student and caregiver registry identification cards. Obtain written authorization from parent/guardian which specifies the time(s), location, and circumstances for the administration of the product. This authorization will be maintained in the nurse's office and is effective for the current school year only.
- The student's prescribed medical cannabis will be stored in the nurse's room in a lockable storage space.
- The student's privacy will be maintained.

A student, school nurse or school administrator will not be punished or prosecuted for the administration of cannabis infused products if State and school policies are followed.

### **St. Laurence High School Naloxone Policy**

#### **PURPOSE**

The purpose of this policy is to establish guidelines and procedures for the administration and use of the opioid antagonist naloxone by trained school staff members of St. Laurence High School for the purpose of emergency opioid overdose reversal.

#### **POLICY**

Per [105 ILCS 5/22-30](#), it is the policy of St. Laurence High School that it shall provide and maintain on-site access to opioid antagonists. Trained school staff may administer an opioid antagonist to any person whom they in good faith believe to be having an opioid overdose while in the school setting.

The school nurse shall accept a written or email request from a parent or guardian stating that their student shall not be administered naloxone under any circumstances. This policy is communicated to parents and guardians in the division handbooks.

St. Laurence High School will obtain a standing order for naloxone by a licensed medical prescriber and update as needed.

Stock naloxone will be clearly labeled, stored in original packaging, and stored in a secured location that is accessible by the school nurse or trained staff.

\*\* The [Illinois Drug Overdose Prevention Program Law \(PA 096-0361, 2010\)](#) empowers non-medical professionals, including family, friends, and other community members, to administer naloxone to prevent a fatal opioid overdose without risking any civil or criminal liability.\*\*

## **TRAINING**

The school nurse and other designated staff members shall be trained annually to recognize and respond to an opioid overdose through completing the Red Cross First Aid for Opioid Overdoses Online Course.

Prior to the administration of naloxone, the school nurse and trained staff will submit proof of completion of a training curriculum to school administration. The school administration will maintain records relating to the training curriculum and the trained personnel.

The training will comply with the training requirements under Section 5-23 of the [Substance Use Disorder Act](#) and the corresponding rules.

It will include, but is not limited to:

1. How to recognize symptoms of an opioid overdose.
2. Information on drug overdose prevention and recognition.
3. How to perform rescue breathing and resuscitation.
4. How to respond to an emergency involving an opioid overdose.
5. Opioid antagonist dosage and administration.
6. The importance of calling 9-1-1 or, if 9-1-1 is not available, other local emergency medical services.
7. Care for the overdose victim after administration of the overdose antagonist.
8. A test demonstrating competency of the knowledge required to recognize an opioid overdose and administer a dose of an opioid antagonist.

Training will also include:

1. Where the opioid antagonist is stored and how to access the drug.
2. The method by which the school nurse or trained staff will be notified of an incident that could require the administration of any opioid antagonist.
3. The process for administering the specific opioid antagonist identified in the standing order.

School departments are encouraged to send other staff to be trained, including coaches, guidance counselors, custodians, teachers, and any other interested staff that may be in proximity to respond to a suspected opioid overdose

### **PROCUREMENT OF NALOXONE**

The school nurse will be responsible for the procurement of naloxone. An approved standing order will be on-file and updated annually as needed.

The school will have the following supplies on hand:

- i. Narcan (naloxone) 4mg/0.1mL spray
- ii. Medical grade gloves
- iii. Face shield/barrier device
- iv. Written instructions

### **STORAGE**

Naloxone will be clearly marked and stored in an accessible place at the discretion of the school nurse. The school nurse will ensure that all other relevant staff are aware of the naloxone storage location.

Naloxone will be stored in accordance with manufacturer's instructions to avoid extreme cold, heat, and direct sunlight.

Inspection of the naloxone shall be conducted regularly.

Outdated products should be replaced.

### **USE OF NALOXONE**

Check for signs of opioid overdose:

1. Individual will not wake up or respond to voice or touch;
2. Breathing is very slow, irregular, or has stopped;
3. Center part of their eye (pupil) is very small or pinpoint.

In the case of a suspected opioid overdose, the school nurse will follow the following protocol:

1. Call 911.
2. Instruct bystanders to grab the AED.
3. Lay the person on their back to receive a dose of Naloxone nasal spray.
4. Administer rescue breathing if indicated.

5. Prepare and administer Naloxone. Spray with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle. Gently insert the tip of the nozzle into either nostril. Tilt the person's head back and provide support under the neck with your hand. Gently insert the tip of the nozzle into one nostril, until your fingers on either side of the nozzle are against the bottom of the person's nose.
6. Press the red plunger firmly.
7. Move the person on their side (recovery position) after giving Naloxone.
8. Continue rescue breathing if indicated.
9. Alert school Principal
10. Give another dose of Naloxone in the other nostril, 2-3 minutes after the first if no response or minimal breathing or responsiveness.
11. Anyone who receives Naloxone must be transported by EMS for continued medical care.
12. After administration of naloxone, the school nurse or other responsible staff, will follow the incident reporting protocols.

### **STUDENT MEDICAL RIGHTS**

The school and school personnel incur no liability for injuries occurring when administering asthma medication, an epinephrine auto-injector, or an opioid antagonist.